



**The 8<sup>th</sup> International Seminar of the European Palliative Care  
Research Centre**

***“PRECISION MEDICINE IN PALLIATIVE AND SUPPORTIVE CARE”***

**Edinburgh, Scotland December 12-14<sup>th</sup>**

**Programme**

**PhD and PostDoc Pre-seminar:**

**Wednesday 12 December**

**Venue: St Columba’s Hospice**

Time	Title	
1100-1200	Registration/Brunch	
1200–1350	Session 1	
1350-1420	Coffee Break	
1430-1700	Session 2	

**Seminar:**

**Thursday 13 December**

**Venue: RCPE**

Time	Title	
0900-0930	Coffee and Registration	
0930-0940	Welcome and opening	

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0930-0935	Welcome to Edinburgh and the 8 <sup>th</sup> international seminar of the European Palliative care Research Centre	Professor Marie Fallon and Dr Barry Laird, UK
0935-0940	About PRC	Professor Stein Kaasa, NO
0940-1020	<b>Cancer pain - new understanding</b>	<b>Chairs:</b> Professor D McMillan, UK and Professor Augusto Caraceni, IT
0940-1000	Inflammation and other factors exacerbating chronic pain	Professor Sue Fleetwood-Walker, UK
1000-1020	Mechanisms for the effects of radiotherapy on painful bone metastases exemplified by The Palliative Radiotherapy and Inflammation Study, PRAIS	Professor Pål Klepstad, NO
1020-1120	<b>Selected submitted abstracts 1 - Pain</b>	<b>Chairs:</b> Professor Pål Klepstad, NO and Dr D. Brown UK
1020-1035	Neuropathic pain in cancer patients: Concordance between DN4 questionnaire and clinical evaluation.	Morena Shkodra
1035-1050	Pain intensity factors changing breakthrough pain prevalence in patients with advanced cancer.	Erik Løhre
1050-1105	Identification and management of opioid misuse, abuse and diversion in palliative care.	Jenny Lau
1105-1120	Discussion	
1120-1145	<b>Coffee</b>	
1145-1245	<b>GW HANKS LECTURE:</b>  Inside our minds: understanding what is behind “patient reported outcomes”	<b>Chairs:</b> Professor Marie Fallon, UK and Dr Barry Laird, UK  Professor Irene Tracey, UK
1245-1345	<b>Lunch and poster session</b>	
1345-1505	<b>Integrated Oncology and Palliative Care</b> The Lancet Oncology Commission proposes a multilevel approach	<b>Chairs:</b> Dr Richard Berman, UK and TBD
1345-1405	How can we achieve integration of oncology and palliative Care?	Professor Camilla Zimmerman, CA
1405-1420	Implementation strategy and policy: challenges and frameworks	Professor Stein Kaasa, NO
1420-1435	Societal challenges: professional, patient, public and media	Professor Luc Deliens, BE
1435-1450	Patient-centered care: implications and challenges	Professor Jon H. Loge, NO
1450-1505	Impact of education: challenges and recommendations	Professor Per Sjøgren, DK
1505-1530	<b>Coffee break and poster session</b>	

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1530-1630	<b>Selected submitted abstracts 2 - Miscellaneous</b>	<b>Chairs:</b> Professor Luc Deliens, BE and Mr Richard Skipworth, UK
1530-1545	Brain metastases in Norway – a prospective cohort study	Olav Yri, NO
1545-1600	Spiritual well-being in family carers of advanced cancer patients – a way to identify carers in need of support	Ingebrigt Røen, NO
1600-1615	Discussion	
1615-1800	<b>Physician Assisted Suicide</b>	<b>Chair:</b> Professor Mike Bennett
1615-1655	Physician Assisted Suicide in Canada: Implications for Palliative Care	Professor Gary Rodin, CA
1655-1730	Physician Assisted Suicide – The Wider Picture	Robert Preston, UK
1730 - 1800	Discussion and Close	
1900 - 2100	<b>DRINKS RECEPTION AT IGMM, CREWE ROAD SOUTH, EDINBURGH EH4 2XR</b>	

### Friday 14 December

Time	Title	Speaker
0900-0930 0930 - 0945	<b>Registration and coffee</b>	
		Grahame Tosh, Executive Medical Director, Marie Curie Cancer Care, UK.
0945-1135	<b>PRC International studies</b>	<b>Chairs:</b> Professor Jon Håvard Loge and Professor Stein Kaasa, NO
0945-1015	The PRC 2 step versus 3 step study: new evidence for clinical practice	Professor Marie Fallon, UK
1015-1045	How can a patient-centered approach improve measurement and management of cancer cachexia in clinical practice and research?	Dr Matthew Maddocks, UK
1045-1110	Why a complex intervention in cancer cachexia?	Dr Tora S. Solheim, NO and Dr Barry Laird, UK
1110-1135	Pain Classification	Prof Mike Bennett, UK
1135-1200	<b>Coffee break and poster session</b>	
1200-1245	<b>Selected submitted abstracts 3 - Nutrition</b>	<b>Chairs:</b> Professor Per Sjøgren, DK and Dr Matthew Maddocks UK
1200-1215	Effects of parenteral nutrition on health-related quality of life, physical function, nutritional status, survival and adverse events in patients with advanced cancer: a systematic literature review.	Randi Tobberup, DK
		Asta Bye, NO

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1215-1230	Food intake assessed by Patient-Generated Subjective Global Assessment (PG-SGA) corresponds to energy and protein intake in patients with advanced cancer.	
1230-1245	Discussion	
1245-1345	<b>Lunch and poster session</b>	
1345-1430	<b>Interventions in palliative cancer care – where to move from</b>	<b>Chairs:</b> Professor Camilla Zimmermann, CA and Professor Mike Bennett
1345-1405	Current knowledge of opioid addiction and relevance to clinical practice	Professor Per Sjøgren, DK
1405-1430	Psychological interventions in Palliative Care and Oncology: The Last Frontier	Professor Gary Rodin, CA
1430-1530	<b>Selected submitted abstracts 4 – Health Services</b>	<b>Chairs:</b> Professor Gary Rodin, CA and Dr Colette Reid, UK
1430-1445	Palliative care support is associated with improved pain relief at home during the last 3 months of life in patients with advanced disease: analysis of 5-year data from the national survey of bereaved people (VOICES).	Yousuf El Mokhallalati, UK
1445-1500	Palliative and end of life care in acute hospitals.	Lorna Frame, UK
1500-1515	Integration of Palliative and Oncology Care in patients with lung and other thoracic cancer: referral criteria and clinical care pathways.	Cinzia Brunelli, IT
1515-1530	Discussion	
1530-1600	<b>Prize-giving and closing remarks</b>	Professor Marie Fallon, UK and Dr Barry Laird, UK