

1st International Seminar

of the European Palliative Care Research Centre and the EAPC Research Network

Copenhagen

6 and 7 October, 2011



PRC European Palliative Care
Research Centre

www.ntnu.no/prc



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Welcome to Copenhagen



It is a pleasure to welcome you to the 1st International Seminar of the European Palliative Care Research Centre (PRC) and the European Association for Palliative Care Research Network (EAPC RN) in Copenhagen.

The PRC was launched in October 2009 with the overall aim to improve palliative patient care, including end-of-life care at a pan-European level. The EAPC RN is a daughter organisation of the EAPC and was founded in 1996 with the ultimate goal to conduct pan-European prospective studies. These networks of researchers and institutions are essential for palliative care research, because the number of patients in each institution will be relatively small and insufficient for high quality research.

Palliative care research is coming of age with more ambitious and complex studies being undertaken in order to improve the evidence base for patient care. These developments are reflected in the programme of this seminar.

We hope that your stay in Copenhagen will be an experience of research learning and networking.

Per Sjøgren

Chair of organising committee

Stein Kaasa

Chair of scientific committee

Committees

Scientific committee:

Stein Kaasa, Norway (chair)
Luc Deliens, Belgium
Augusto Caraceni, Italy
Per Sjøgren, Denmark
Lena Lundorff, Denmark
Elisabeth Brenne, Norway
Dagny Faksvåg Haugen, Norway
Marianne Jensen Hjermeid, Norway

Local organising committee:

Per Sjøgren (chair)
Jacob Sørensen
Helle Timm
Nan Sonne
Bodil Jespersen
Lena Lundorff

The seminar is organised by:

The PRC and the EAPC RN in collaboration with PAVI and Section of Acute Pain Management and Palliative Medicine, Rigshospitalet.

Rundetaarn



Programme at a glance

Thursday, 6 October

10:00 – 10:15	Opening and welcome
10:15 – 11:15	Classification of pain
11:15 – 11:30	Coffee break
11:30 – 12:15	Patophysiology, diagnosis and treatment
12:15 – 13:00	Lunch
13:00 – 14:00	Projects: Status and progress
14:00 – 14:30	Coffee break
14:30 – 16:00	Projects continued
19:00	Get-together at Odd Fellow Palæet

Friday, 7 October

09:00 – 10:30	Danish research projects
10:30 – 11:00	Coffee break
11:00 – 11:30	The international PhD programme
11:30 – 12:15	European Pharmacogenetic Opioid Study
12:15 – 13:15	Lunch
13:15 – 14:15	Opioids
14:15 – 14:45	Coffee break
14:45 – 15:45	Challenges and perspectives
15:45 – 16:00	Closing remarks and future perspectives

Scientific programme

Thursday, 6 October

10:00 – 10:15	Opening and welcome	
	Chair of the EAPC Research Network and PRC Chair of the Organising committee Chair of the Council of Palliative Care in Region H	Stein Kaasa (NO) Per Sjøgren (DK) Helen Bernt Andersen (DK)
10:15 – 11:15	Classification of pain Chair: Franco de Conno (IT)	
10:15 - 10:35	Cancer pain	Stein Kaasa (NO)
10:35 - 10:55	Neuropathic cancer pain	Mike Bennett (UK)
10:55 - 11:15	Discussion	
11:15 – 11:30	Coffee break	
11:30 – 12:15	Patophysiology, diagnosis and treatment Chair: Lena Lundorff (DK)	
11:30 - 11:45	Dyspnea in cancer	David Currow (AU)
11:45 - 12:00	Neuropathic cancer pain	Marie Fallon (UK)
12:00 - 12:15	Discussion	
12:15 – 13:00	Lunch	
13:00 – 14:00	Projects: Status and progress Chair: Marie Fallon (UK)	
13:00 - 13:15	Cachexia studies: Background and methods	Stein Kaasa (NO)
13:15 - 13:30	European palliative cancer care symptom study (EPCCS)	Marianne Jensen Hjermsstad (NO)
13:30 - 13:45	Nasal fentanyl study	Morten Thronæs (NO)
13:45 - 14:00	Study of neuropathic cancer pain (SONIC)	Mike Bennett (UK)
14:00 – 14:30	Coffee break	
14:30 – 16:00	Projects continued	
14:30 - 14:45	TvT study: Two step vs. three step WHO analgesic ladder	Marie Fallon (UK)
14:45 - 15:00	Process quality indicators, quality of life and costs: A longitudinal study	Florian Strasser (CH)
15:00 - 15:15	GI obstruction: an Italian EPCCS add-on	Augusto Caraceni (IT)
15:15 - 15:30	Understanding oncology and palliative care service provision	Konrad Fassbender (CA)
15:30 - 16:00	Discussion	
19:00	Get-together at Odd Fellow Palæet	

Friday, October 7

09:00 – 10:30	Danish research projects Chair: Helle Timm (DK)	
09:00 - 09:15	The mapping of palliative care in Denmark and Europe	Helle Timm (DK)
09:15 - 09:30	Neuropsychological measurement in cancer patients: A validation study	Geana Kurita (BR)
09:30 - 09:45	The Danish palliative care database: Research perspectives	Mogens Grønvold (DK)
09:45 - 10:00	Palliative care research in the primary sector	Mette Asbjørn Neergaard (DK)
10:00 - 10:15	Opioid rotation study	Lena Lundorff (DK)
10:15 - 10:30	Discussion	
10:30 – 11:00	Coffee break	
11:00 – 11:30	The PRC international PhD programme Chair: Nan Sonne (DK)	
11:00 - 11:20	The PhD programme	Dagny Faksvåg Haugen (NO)
11:20 - 11:30	Discussion	
11:30 – 12:15	European Pharmacogenetic Opioid Study Chair: Jacob Sørensen (DK)	
11:30 - 12:00	Results from the study	Pål Klepstad (NO)
12:00 - 12:15	Discussion	
12:15 – 13:15	Lunch	
13:15 – 14:15	Opioids Chair: Bodil Jespersen (DK)	
13:15 - 13:35	The EAPC opioid guidelines: Process and results	Augusto Caraceni (IT)
13:35 - 13:55	New knowledge on opioids - Does it matter in the clinic?	Per Sjøgren (DK)
13:55 - 14:15	Discussion	
14:15 – 14:45	Coffee break	
14:45 – 15:45	Challenges and perspectives Chair: David Currow (AU)	
14:45 - 15:05	Challenges and solutions to the diagnosis and treatment of psychological distress	Jon Håvard Loge (NO)
15:05 - 15:25	A critical perspective on European palliative care research	David Currow (AU)
15:25 - 15:45	Discussion	
15:45 – 16:00	Closing remarks and future perspectives Stein Kaasa (NO)	

Sponsors and contributors



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ФЕНТАНИЛ



Speakers



Professor Mike I. Bennett

Mike Bennett is professor of palliative medicine at Leeds University. He completed an MD (doctoral research thesis) in 1999 resulting in the LANSS Pain Scale, an internationally used tool for identifying neuropathic pain. He chairs the National Cancer Research Institute Palliative Care Clinical Studies Group, and chairs the British Pain Society Cancer Pain Committee. He chaired the host committee for the European Association for Palliative Care Research Congress held in Glasgow 2010, and is Field Editor for Palliative Care within the Cochrane PaPaS group.



Adjunct professor Augusto Caraceni

Augusto Caraceni is the director of the Palliative care, pain therapy and rehabilitation program of the National Cancer Institute of Milan and adjunct professor of palliative medicine at the Norwegian University of Science and Technology. He is also editor of the Italian Journal of Palliative Care.

Caraceni is an MD with board certification in neurology and in clinical neurophysiology, and his clinical and research experience includes neurological complications of cancer, cancer pain and opioid analgesics, neuropathic pain in cancer, pain assessment and measurement, symptom control in advanced cancer, with a special interest in delirium.



Professor David Currow

David Currow is currently the professor of palliative and supportive services at Flinders University, Adelaide, Australia and chief cancer officer and CEO of the Cancer Institute NSW.

Currow has published widely in palliative care journals and the general medical literature. Among other projects, he is co-chief investigator on an anthology of evidence for palliative care practice and service delivery – www.caresearch.com.au. Other research interests include the symptomatic management of dyspnoea, improving population-based planning for people with life-limiting illnesses and improving the evidence base around which clinical decisions are made in palliative care.



Professor Marie Fallon

Marie Fallon is the St Columba's Hospice chair of palliative medicine at the University of Edinburgh and an honorary consultant in palliative care at the Western General Hospital in Edinburgh, Scotland. Her research interests include opioids, difficult cancer pain, and barriers to symptom control. Fallon is a member of the University of Edinburgh's translational research in pain programme, with particular interest in cancer-induced bone pain.

She is a member of the advisory board for Dimpleby Cancer Care and chair of the cancer pain sub-group of the NCRI Palliative Care Clinical Studies Group.



Assistant professor Konrad Fassbender

Konrad Fassbender is an assistant professor in the Division of palliative care medicine at the University of Alberta. He works with clinicians, administrators and policy makers to measure cost and performance associated with the financing and delivery of health care and social services. His programme of research concentrates on the effects of health reform and technological change on health and economic outcomes of dying patients and their families.



Associate professor Mogens Groenvold

Mogens Groenvold, MD, is associate professor at the Department of health services research, University of Copenhagen, and head of the research unit at Department of palliative medicine, Bispebjerg Hospital, with currently 20 employees. The research includes evaluation of palliative care and palliative care needs, evaluation of dignity therapy, a multicenter randomized study of palliative care, the danish palliative care database, and questionnaire development (e.g. EORTC QLQ-C15-PAL, 3LNQ, computer-adaptive testing).



Dr Dagny Faksvåg Haugen

Dagny Faksvåg Haugen, MD, PhD, consultant in oncology and palliative medicine, head of the Regional Centre of Excellence for Palliative Care, Western Norway in Bergen, and senior advisor, European Palliative Care Research Centre, NTNU, Norway. She is engaged in the development and organisation of palliative care at a national level, and one of the leaders of the Nordic Specialist Course in Palliative Medicine (NSCPM).



Associate professor Marianne Jensen Hjermsstad

Marianne Jensen Hjermsstad is the acting leader of research at the Regional Centre for Excellence in Palliative Care, Oslo University Hospital and associate professor at European Palliative Care Research Centre, NTNU in Trondheim. The majority of her research during the last decade has been within palliative cancer care, with a number of publications in palliative care and general oncology journals. She was a work-package leader in the EU-funded EPCRC project: <http://www.epcrc.org/> and is now leading an international prospective study on symptom assessment in palliative care, the EPCCS. Primary research interests are symptom assessment and classification, clinical studies and patient reported outcomes.



Professor Pål Klepstad

Pål Klepstad is a professor in intensive care medicine at NTNU in Trondheim, Norway. He is also the medical director of the Department of intensive care medicine at Trondheim University Hospital. Besides topics related to intensive care medicine his primary research interests are assessment of symptoms in cancer pain patients, opioid pharmacology, and opioid pharmacogenetics. Klepstad is the principal investigator of the European Pharmacogenetic Opioid Study which includes cancer pain patients from 17 centers in 11 European countries.



Post doctor Geana Kurita

Researcher graduate in nursing and obstetrics at the University of Sao Paulo, Brazil. Post-graduated as a MSc and PhD, she has enhanced skills in pain treatment and symptom control. Her main research area is the intersection between cognitive impairment, pain and opioids. Currently she is a post-doctoral research fellow at University of Sao Paulo and Copenhagen University Hospital.



Professor Stein Kaasa

Stein Kaasa is professor of palliative medicine at NTNU in Trondheim, Director of the Cancer clinic, Trondheim University Hospital and Cancer Director, Norwegian Directorate for Health. He is chair of the EAPC RN, and in 2009 Kaasa established the PRC, of which he also is chair. His research interests include palliative and oncology care, symptom control and assessment/classification.



Associate professor Jon Håvard Loge

Jon Håvard Loge is an associate professor at the University of Oslo and senior researcher at Oslo University Hospital. He is an MD and specialist in child and adolescent psychiatry and general psychiatry. His main research interests are cancer survivorship and palliative medicine, and patient-reported outcomes.



Dr Lena Lundorff

Lena Lundorff obtained her MD degree from Gothenburg University in 1981 and trained as an anesthesiologist in Sweden and Denmark until 2003. From 2003 she is practicing palliative medicine and had the diploma from the NSCPM in 2005. Her research areas are pain and cognitive function in cancer patients. She has a current board position in the steering group for the NSCPM.



Dr Mette Asbjørn Neergaard

MD, PhD, medical specialist in general medicine, NSCPM, post doc at research unit for general practice, Aarhus University and specialist registrar at the palliative team, Aarhus University Hospital, Denmark. Head of the Danish Network for Palliative Care Researchers. Primary research areas concern palliative care in the primary care sector, including intra- and intersectoral co-operation, place-of-death and socio-economic factors in palliative care.



Professor Per Sjøgren

Per Sjøgren, MD, MDSci, is professor in pharmacology and pharmacotherapy at the University of Copenhagen, consultant at Section of acute pain management and palliative medicine, Rigshospitalet, Copenhagen. Scientific interests include chronic pain management and palliative medicine and especially in different aspects of chronic pain epidemiology, cancer pain management as symptom aetiology, epidemiology, treatment outcomes (health related quality of life, health economics, pain, cognition etc) and opioid pharmacokinetics and -dynamics. Sjøgren is currently the scientific chair of the 7th EAPC World Research Congress.



Associate professor Florian Strasser

Florian Strasser is a board certified internist, medical oncologist and palliative care specialist (American Board Hospice Palliative Medicine) who works clinically in oncological palliative medicine at the Cantonal Hospital in St.Gallen, Switzerland, with a clear focus on clinical care of cancer patients with early integration in the trajectory of disease. Main interests are development of new models of integrated oncology and palliative care, symptom management with a focus on cachexia, health services research with a focus on delivery of interventions in palliative care, outcomes on patients and proxy level and associated costs. Indication criteria for chemotherapy in palliative intention are also among his interests.



Dr Morten Thronæs

Morten Thronæs is an MD with board certification in oncology. Currently he is head of the Department of palliative medicine at the Cancer clinic, Trondheim University Hospital. In addition, he is undertaking a PhD focusing on cancer-related breakthrough pain.



Helle Timm

Helle Timm was hired in 2008 to lead the creation of a Danish knowledge centre for palliative care (www.pavi.dk), a national centre established to collect, create and spread knowledge within the field of palliative care in Denmark. She has an MSc in cultural sociology and a PhD in health care science. She has a long list of publications to her credit, is a member of several relevant boards, and regularly lectures for academic and public groups.



The European Association for Palliative Care Research Network (EAPC RN)

The EAPC RN is a daughter organisation of the EAPC and provides a platform for collaboration and meeting places for palliative care researchers world-wide. The EAPC RN was founded by Franco de Conno in 1996.

Please visit the EAPC RN website at: www.eapcrn.org

The European Palliative Care Research Centre (PRC)

In the autumn of 2009 the PRC was established on initiative from the European Association for Palliative Care (EAPC) at the Norwegian University of Science and Technology (NTNU) and Trondheim University Hospital in Trondheim, Norway. The establishment was made possible by a major grant from the Norwegian Cancer Society, and an unrestricted grant from Nycomed.

The PRC aims at improving palliative care through multidisciplinary research and implementation of findings into practice and health care policy in an international setting.

The PRC coordinates multi-centre studies and facilitates contact between groups and individual researchers across Europe, North-America, Australia and other parts of the world. The PRC organises and administers an international PhD programme in palliative care.

Please visit the PRC website at: www.ntnu.no/prc

Danish Knowledge Centre for Palliative Care (PAVI)

Danish Knowledge Centre for Palliative Care (PAVI) is a national knowledge centre established in the beginning of 2009 to collect, create and spread knowledge within the field of palliative care in Denmark. The centre aims at raising quality and assuring continuing development in palliative care. The main purpose of PAVI during 2009-2011 is to carry out surveys and projects that shed light on the field of palliative care in Denmark. PAVI is being funded by The Tryg Foundation and The Danish Cancer Society from 2009 through the end of 2011. From 2012 PAVI will receive its funding from the Danish national budget.

Meet PAVI at the website: www.pavi.dk

Section of Acute Pain Management and Palliative Medicine at Rigshospitalet

In 2009 Section of Acute Pain Management and Palliative Medicine was started at Rigshospitalet. The section has two subunits, one for acute pain management and one for palliative medicine. The sections have their own fields of interest, but work closely together concerning research and development. Both sections serve all the departments at Rigshospitalet, but are centrally coordinated from the Department of Anaesthesia in the Centre of Head and Orthopaedics. The section for Palliative Medicine is lead by Professor Per Sjøgren.

Practical information

Seminar venue

The seminar venue is Auditorium 1 at Rigshospitalet, Copenhagen University Hospital, Blegdamsvej 9 between Nørrebro and Østerbro.



Registration fee includes

- Participation at the scientific sessions
- Seminar materials
- Lunch
- Coffee breaks
- A get-together at Odd Fellow Palæet

Lunch and coffee breaks

Catering will take place right outside Auditorium 1 at Rigshospitalet. Special needs will be catered for, please inform the organising secretariat.

Get-together

On Thursday, 6 October from 1900 a get-together will be arranged at Odd Fellow Palæet, Bredgade 28. This will be a standing buffet and a great opportunity to meet colleagues in an informal setting. Please see the map of Copenhagen, on page 18, to find Odd Fellow Palæet.

Certificate of attendance

Your certificate of attendance will be in your seminar folder.

Technical information

All speakers must supply their files at the secretariat at least two hours before start of their session.

Organising secretariat

The organising secretariat will be located right outside Auditorium 1 at Rigshospitalet. Contact information:

- Patrick Reurink, M: +47 97199002. E: patrick.reurink@ntnu.no
- Ragnhild G. Helgås, M: +47 91100971. E: ragnhild.g.helgas@ntnu.no

Seminar website: www.pallres.org



Odd Fellow Palæet from the garden

Maps of Copenhagen

Rigshospitalet



Amalienborg – The Royal Castle

Flea Market

Copenhagen city centre



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The organisers

- Danish Knowledge Centre for Palliative Care (PAVI)
- Section of Acute Pain Management and Palliative Medicine at Rigshospitalet, Copenhagen University Hospital
- Norwegian University of Science and Technology (NTNU)
- Trondheim University Hospital

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